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**Jérôme Bellamy** has been a dental technician for 25 years. He learned and practiced all the aspects of his profession in different laboratories of France. Established in Bordeaux for twelve years, he is the passionate technical manager of the laboratoire Global Esthetic, specialized in aesthetic rehabilitations and global rehabilitations. He is involved for the laboratory part in dental training in the GAD Center and Digital Smile Design.

# Ceramic Adhesive Restorations: Management of two different substrates

By **Mathieu Contrepois** and **Jérôme Bellamy**, France

Research in the field of biomaterials has led to the advent of glass ceramics enriched with lithium disilicate. This type of ceramic combines bonding ability, mechanical strength, choice of degree of translucency and high aesthetic potential. The current adhesive techniques associated with this material have changed the principles of preparation of indirect restorations towards a dentistry more respectful of dental tissue. Hence, veneers, also called ceramic adhesive restorations (CARs) are the core of aesthetic adhesive dentistry<sup>1</sup>.



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