



Dr. Pierre Dimitrov graduated from the Medical University of Sofia (Bulgaria), Faculty of Dental Medicine in 2016. He is working in the dental clinic DentaConsult in Sofia. His interests are in restorative dentistry of posterior teeth, endodontics, digital dentistry and dental technology. Dr. Dimitrov has attended postgraduate courses in the fields of e.g. composite restorations, indirect ceramic restorations, endodontic treatment and digital workflow in restorative dentistry.



Dr Assen Marinov graduated from the Medical University of Sofia (Bulgaria), Faculty of Dental Medicine. He is practicing in the fields of dental implantology, functional and aesthetic dentistry. Dr. Marinov has finished the Basic Curriculum at the Vienna Interdisciplinary School of Dentistry (VieSID) (Austria), implementing the protocol of Prof. Rudolf Slavicek in his practice. He also finished the complete course in functional diagnostic wax-up of DTG Stephan Provancher and attended the Master Program in digital and aesthetic dentistry with Paulo Kano." Together with the team of DentaConsult, Dr. Marinov is developing a growing practice in Sofia. He is combining digital and analogue workflow in treatment planning and execution.



MDT Boyanka Vladimirova became a dental technician in 1994. She got her training and Dental Council's registration at the Medical Collage in Varna (Bulgaria). She is a member of the Dental Technologists Association (DTA). She has been working at various laboratories and owns her own company since the beginning of 2018. She is also a ceramist at the team of DentaConsult. Her focus is on aesthetic crowns and bridges, with a strong attention to design, detail and quality.

Indirect Hybrid Nano-Ceramic Adhesive Restorations in the Posterior Region

A case report using the new CERASMART270

By **Dr. Pierre Dimitrov, Dr. Assen Marinov** and **MDT Boyanka Vladimirova**, Bulgaria

Indirect composite and ceramic restorations are a valid solution in restoring medium to heavily damaged teeth in the posterior region, providing strength, longevity and aesthetics. With the advancement of CAD/CAM technologies and intraoral scanners we can produce and deliver these kinds of restorations in one visit or a few days, minimising the chance of sensitivity, maintaining tooth vitality and protecting the damaged tooth structures from cracks and fractures. Using contemporary adhesive systems and composite materials we are able to bond indirect restorations with little to no retention in the preparation, without unnecessary sacrifice of tooth structures and still be able to guarantee a predictable long term success to our patients.



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