

Trends in restorative dentistry

## Choosing the material that suits you best

## **Austria**

**Dr Philipp Kober** is a dentist working in private practice in Graz, Austria. He shared his thoughts on the recent advances in restorative dentistry in Europe and explained how this impacts his daily dentistry practise.

With the rise in minimally invasive dentistry, modern materials enable dental professionals to preserve as much of a healthy tooth as possible.

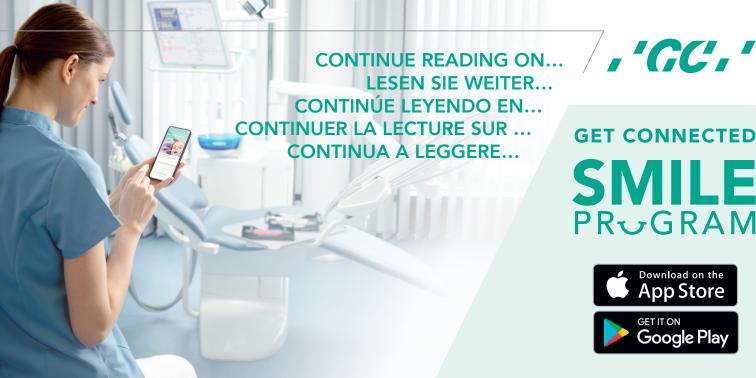
## Chosing the material that's right for you

In recent years I have been exploring in depth the treatment possibilities of composites, particularly for the anterior region. As a result, I have tried various composite systems to see what

qualities the materials possess and which work better in certain cases, from a complex layering technique to a one-shade filling. The system I prefer to use in my daily practise allows me to achieve high quality results in terms of aesthetics and functionality.

In my opinion, chosing a brand that is right for you is individual to each dentist, as everyone has their own way of acquiring a skill, as well as abilty and experience of working with a material. Thus, I have picked one brand which offers a wide range of composite charcteristics (e.g. colour, translucency and polishability) which has become a universally applicable solution.

My decision to use a layering or one -shade technique depends





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