



Non-invasive composite reconstructions

in cases of worn lower anterior teeth

Clinical case report by **Maciej Żarow, Krakow, Poland**

Clinical Case Overview

A 56-year-old woman with fair oral hygiene presented at the surgery, seeking functional improvement (Fig 1, Fig 2).



Maciej Żarow

Dr Maciej Żarow graduated from Semmelweis University in Budapest in 1995. After a three-year training programme he achieved specialisation in operative dentistry in 1999. From 1998 until 2005 he was teaching at the Jagiellonian University in Krakow. There, in 2002, he defended his PhD and, in 2005, he achieved specialisation in endodontics. He is also the co-author of more than 50 papers published in Polish and international journals. Dr Żarow is the author of a book called *Endo-Prosthodontics: Guidelines for Clinical Practice*, published by Quintessence Publishing (in Polish, Russian and English). Since 2012 he has been editor-in-chief of the Polish language dental magazine *Medycyna Praktyczna - Stomatologia*. Member of the Polish Academy of Aesthetic Dentistry, Dr Żarow has lectured extensively in Poland and other European countries. Visiting Professor of University in Chieti (Italy) 2015-2016, lecturing for postgraduate master programs at UIC in Barcelona (2012-2016). He runs a private dental clinic since 1999 and postgraduate course centre, since 2003, in Krakow, Poland.



Figure 1: Photo of the patient's face and smile at the first appointment.

The patient stated that she had difficulties with chewing food, as she lost her posterior teeth in the lower jaw. Her anterior teeth had been worn significantly in recent years, and had become shorter (Fig 3).



Figure 3: View of the lower and upper teeth from the vestibular side



Figure 2: Panoramic X-ray before the treatment.



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