



# Challenging aesthetic restorations: combining materials from a different nature

by **Dr. Silvia Del Cid, Spain**



**Dr. Silvia Del Cid**

*Silvia Del Cid graduated in 1999 as a dentist at the University of Granada. She further specialised by enrolling in a Master in Conservative Dentistry and Endodontics at the University Institution Mississippi between 1999 and 2001. Her diploma of Oral Implantology and Implant Prosthesics, obtained in 2006, is supported by the European Implantology Forum. In 2013, she received a Diploma in Occlusion and Diagnosis in Oral Rehabilitation, from Dr. Aníbal Alonso. She is a speaker in demand at national conferences and hosts practical courses about layering techniques.*

Currently, one of the major challenges in Aesthetic Dentistry is the requirement to combine materials from a different nature and with different optical properties in order to deal with clinical situations that require predictable aesthetic results, this while following the principles of maximum conservation of the dental structure.

The latest developments in materials for dentists and dental technicians allow us to handle complex cases with the best aesthetic outcome and durable results, as shown in the following case report.



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