**Press release**

MI Dentistry CRA App sponsored by GC

**New user-friendly mobile application for caries risk assessment**

**Even though practitioners are very conscious about the importance of prevention and minimum intervention (MI) in oral health, many are still struggling to integrate this concept into their daily treatment routine. GC Europe established the MI Advisory Board in 2008, comprised of specialists dedicated to the MI dentistry mind set to promote initiatives facilitating this evidence-based treatment approach. In 2017, the MI Dentistry Handbook was published, gathering state-of-the-art knowledge about Minimum Intervention into simple treatments concepts, adapted to all age groups. Based on this, a free mobile cross-platform application for caries risk assessment was developed: the MI Dentistry CRA App. This App supports the practitioner in identifying a caries risk and communication with the patient as to treatment options hereto to become easier.**

Base of the app is the MI Dentistry Handbook, which is the essence of intense discussions amongst academics and professionals over years, as to how minimum intervention dental care can succeed within a modern dental practice. This handbook delivers solid and clear guidelines to clinicians as to MI treatments and planning, which depend on the patient’s caries susceptibility.

The App focuses on the assessment of the identified caries susceptibility in a quick and easy manner and differentiates patients by age and risk groups, with tailor-made screening factors. Protective factors, patient-specific factors and clinical findings are assessed. Based on these results, the caries risk is estimated, and a pdf report may be generated for follow-up and communication with the patient. The App follows the logical flow of a consultation, starting with extra-oral factors, continuing with intra-oral factors. For each item, specific and didactic explanations are provided, mainly based on pictures for ease of use. The results are easy to explain, clear and with 2 options associated to each factor only: high or low risk. The App is also guaranteeing full confidentiality, as the user can decide whether to save the PDF information in the patient’s file or not.

The entire MI Dentistry Handbook can be consulted through the app as well, guiding further the practitioner in several treatment options adapted to the caries risk of the patient.

For more information and to download the app, go to the website: <https://midentistry.app/>

Available for both Apple and Android.

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